

INIS MEAIN BARFOOD MENU

STARTERS

Homemade Soup of the Day Served with Crusty Roll or Wheaten Bread	€4.50 C
Barbeque Chicken Wings Served with Barbeque Sauce & Dressed Salad	€4.95 C
Garlic Mushrooms Golden Fried Breaded Mushrooms with Garlic Aioli	€5.25 V
Bruschetta Ciabatta Bread topped with Tomato, Basil, Red Onion & Mozzarella Cheese	€4.25 V
Garlic Bread With Cheese	€3.50 V €4.00
Deep Fried Brie in a Herb Breadcrumb Served with a Cranberry & Chilli Chutney	€5.25
Potato Skins with Bacon & Cheese Served with Sour Cream and Chilli Sauce	€4.95 C,V

MAIN COURSES

Steaks	
8oz steak	€17.95 C
T-bone steak	€22.95 C
10oz fillet steak	€23.50 C
(All steaks cooked to your liking and served with a choice of side order & choice of Pepper Sauce or Garlic Butter)	
Steak Sandwich Served with Mushrooms, Onions and Melted Cheese	€14.50
Steak Pitta Pocket Strips of Beef with Stir Fry vegetables in a Pitta Pocket with Sweet Chilli Mayonnaise & Melted Cheese	€13.50
Homemade Beef Lasagne Lasagne served with Tossed Salad & Garlic Bread	€11.95

BURGERS

Gallagher's Tower Burger Homemade Steak Burger topped with Coleslaw, Lettuce, Tomato, Onion, Bacon & Cheese	€12.95
Hawaiian Burger Homemade Steak Burger served with Bacon, Pineapple & Hawaiian Dressing	€10.95
Bacon & Cheese Steak Burger	€9.95

CHICKEN

Inis Meain Chicken Pan Fried Escalope of Chicken with Sauté Mushrooms & Bacon served with a White Wine Sauce	€13.50 C
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Spicy Chicken Goujons Southern Fried Chicken Goujons served with Chips, Salad & Choice of Dipping Sauce	€10.50
Warm Chicken Caesar Salad Tossed salad with Warm Chicken, Croutons, Bacon & Parmesan Cheese	€12.50 C
Sweet Chilli Chicken Salad Sauté Strips of Chicken cooked with a Sweet Chilli Sauce served on a bed of mixed salad	€11.50 C
Chicken Chilli Bowl Stir fried Strips of Chicken with Tagatelli Pasta in a Creamy Chilli Sauce served with Garlic Bread	€12.50
Chicken Pitta Pocket Strips of Chicken with Stir Fried Vegetables served In a Pitta Pocket with Sweet Chilli Mayonnaise & Melted Cheese	€12.50

SEAFOOD

Oven Baked Salmon Fillet of Irish Salmon on a Bed of Creamy Potatoes Served with Chive & Dill Cream	€15.50 C
Beer Battered Cod Golden Fried Cod in a Crisp Beer Batter Served with House Fries & Garden Peas	€12.95
Salmon Goujons Goujons of Salmon in a light Breadcrumb, Served with Chips, Salad and Lemon Mayonnaise (Cod Goujons also available at €10.95)	€12.95
King Prawn Linguine King Prawns cooked in a White Wine & Cream Sauce Served with Linguine Pasta & Garlic Bread	€12.50

VEGETARIAN

Omelette Mixed Vegetable Omelette served with Tossed Salad (Add 2 Meats for €1.50)	€10.50 C,V
Enchiladas Stir Fry Vegetables in a Crispy Tomato and Basil Sauce Encased in a Floury Tortilla Wrap topped with cheese (Add Chicken €1.00/add Beef €1.50)	€10.50 C,V
Tagatelli Stir Fried Vegetables in a White Wine Sauce & Garlic Sauce served with Tagatelli Pasta & Garlic Bread	€10.50 C,V
Vegetarian Pitta Pocket Stir Fried Vegetables in Honey Sweet Chilli & Soy Sauce in a Pitta Pocket with Melted Cheese	€9.95 V

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CURRIES & STIR FRY'S

Chicken Curry €11.50 **C**

Beef Curry €12.50 **C**

King Prawn Curry €13.50 **C**

Gallagher's Special Curry* €14.50 **C**

*(*Special is a combination of Chicken, Beef & Prawn)*

All our Curries are served with Mixed Vegetables, Turmeric Rice & Crispy Poppadom

Chicken Stir Fry €11.50 **C**

Beef Stir Fry €12.50 **C**

King Prawn Stir Fry €13.50 **C**

Gallagher's Special Stir Fry* €14.50 **C**

*(*Special is a combination of Chicken, Beef & Prawn)*

All our Stir Fry's are served with Mixed Vegetables & Noodles in a Honey Sweet Chilli & Soy Sauce

SIDE ORDERS

Chips €3.00

House Fries €3.95

Garlic Potatoes €3.95

Tossed Salad €2.50

Sauté Mushrooms €2.50

Sauté Onions €2.50

Onion Rings €3.95

Selection of Potatoes & Vegetables €3.95

CHOICE OF DIPS & SAUCES €1.00

Pepper Sauce

Chasseur Sauce

Diane Sauce

Sweet Chilli Sauce

Barbeque Sauce

Garlic Mayonnaise

Honey & Mustard

Lemon Mayonnaise

Curry Mayonnaise

Sweet Chilli Mayonnaise

DESSERTS

Fresh Homemade Desserts €4.50

C = Suitable for Celiac

V = Suitable for Vegetarian

All Beef 100% Irish sourced with full traceability back to farm